



# REGISTRATION FORM

- Registration and packet pickup: 6:30 AM
- Race start: 8:30 AM
- \$25 pre-registered, \$35 race-day
- All proceeds go directly to Team Emmett

## PERSONAL INFORMATION

Name:

DOB and age on March 31:

Email address:

Phone:

Current address:

City:

State:

Zip:

Gender:    M    F

T-Shirt Size (Adult S-2XL):

## ADDITIONAL INFORMATION

How did you hear about the race?

Did you know about Team Emmett prior to the race?

Team (if applicable)?

## PAYMENT INFORMATION

Registration type:    Individual - \$25

Payment method:    Cash                      Check *(please make checks payable to Team Emmett)*

Additional donation:

Total:

I know that participating in a 5K is a potentially hazardous activity. I will not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to safely complete the event. I assume all risk associated with participating in this event including but not limited to falls, contact with other participants, and effects of weather, traffic, and facility or road conditions. Having read this waiver, knowing these facts and in consideration of your accepting my registration, I, for myself and anyone entitled to act on my behalf, waive and release and covenant not to sue Nashville Sports Council, Team Emmett 5K, city of Brentwood, Event Officials, or Volunteers, their representatives, successors, or assignees from any and all claims or liabilities of any kinds arising out of or in connection with my participation in event, including without limitation, claim or liability resulting from those matters described in this paragraph. This release and waiver extends to all claims of any kind or nature whether foreseen, known or unknown. The undersigned further grants full permission to Nashville Sports Council and/or agents authorized by them to use any photographs, video tapes, motion picture, recording or any other record of this event for any purpose.

\_\_\_\_\_  
Signature of participant or legal guardian if under 18

\_\_\_\_\_  
Date

TEC2C5K | PO BOX 3241 | BRENTWOOD, TN | 37024

WWW.TEAMEMMETT.ORG